



# Business Class News Interviews Kim Winter on Mental Health in the Workplace

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Insurance Recovery Practice Group Leader Kim Winter was interviewed by Business Class News for a broadcast on "Handling Stress & Mental Health in the 'New' Workplace." Kim talked about Lathrop GPM's firmwide meditation program that she initiated a year ago to help employees cope with stress due to a number of factors, now including COVID-19 and related work/life disruptions.